

## DIOCESAN AND COMMUNITY INFORMATION

### DIOCESAN PRO-LIFE COMMISSION

"You matter. That's why Christ came into your life, cleaned your soul [at baptism], and lit the lamp of faith in your heart. If ever the lamp goes out, he is always there to light it again. And while it shines, it should inspire us to roll back the dark lies of the culture of death and spread the light of Christ's love to everyone we can, because they matter too."

*Rev. John Bartunek, LC, "Why You Matter: A Reflection of Human Dignity," Respect Life Program (2009-2010).*  
[www.usccb.org](http://www.usccb.org)

### RACHEL'S CORNER

At least 70 percent of women who have abortions say they believe it is immoral. It is because so many women who abort are acting against their consciences and maternal instincts – out of fear, pressure, or misinformation – that the psychological impact of abortion can be so profound. There is help.

If you are struggling with emotional pain because of an abortion, there is help. Attend a Rachel's Vineyard Retreat and experience God's forgiveness and healing. **Upcoming Rachel's Vineyard Retreats: April 23-25, 2010 in Bismarck, ND and May 21-23, 2010 in Rapid City, SD.**

Contact Carol Kling for information about area retreats at 605-374-5639 or [ckling@sdplains.com](mailto:ckling@sdplains.com) or go to the diocesan website: [www.rapidcitydiocese.org/Ministries/FamilyLife.htm](http://www.rapidcitydiocese.org/Ministries/FamilyLife.htm). For more information, contact the national office at 877-467-3463 or [www.rachelsvineyard.org](http://www.rachelsvineyard.org).

### FIRST FRIDAY MASS AND LUNCH WITH BISHOP CUPICH

First Friday Mass and lunch with Bishop Cupich will be held on February 12, the second Friday in February. Mass begins at 11:15 a.m. in the Cathedral. Lunch follows in the church hall and concludes with remarks from Bishop Cupich. The \$5 charge for lunch benefits Rapid City Catholic schools.

### BEGINNING EXPERIENCE

Beginning Experience® Separated & Divorced Support Group, *ENCOUNTERING LIFE ALONE*. Are you recently separated or divorced? Are you struggling with the pain and loneliness? Healing can begin with the next nine-week session of the separated and divorced support group. The next session starts at 7:00 p.m. on Thursday, January 21, 2010 at St. Therese the Little Flower Church in Rapid City. The support group is non-denominational and open to all Christian men and women who are hurting due to separation or divorce. Pre-registration is requested! Registration fee is \$25.00. Need-based scholarships available. To pre-register or for more information, call Jill at Family Life Ministries, 605-343-3541.

### HEAL YOUR GRIEF

*HEAL YOUR GRIEF* Bereavement Support Group is an eight-week non-denominational group open to all Christian adults who are grieving the loss of a loved one. The support group begins at 7:00 p.m., Monday, January 25, 2010, at Blessed Sacrament Church, 4500 Jackson Blvd., Rapid City. Please come early to register! For information or to pre-register, call Janece Rieman, 605-343-5547 or Jill at Family Life Ministries, 605-343-3541.

### ENGAGED ENCOUNTER WEEKEND

An Engaged Encounter Weekend for engaged or newly married couples to honestly and openly examine their future life together, will be held March 12-14, 2010 at *Terra Sancta*, Rapid City. To register for the weekend or for more information, contact Greg & Connie Forstner, 605-341-6032.

### DANCING LESSONS

Learn how to dance by Valentine's Day!! Dance lessons will be taught by Lonnie and Sandy Keyser on Monday nights from 7 to 9 p.m. in the basement of St. Paul's beginning January 11, 2010. The lessons are \$3 per person (\$6 per couple) per night and last for 5 weeks. Payment for the lessons will be collected each night you attend. You do not have to attend every session and only pay when you attend. There is a sign up sheet at the office at St. Joseph's or call Clara Kiley at 892-4012 with questions or to register. Come join the fun!

You will be learning:

February 1 - jitterbug

February 8 - review, electric slide, and other steps